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SAI CREATIVES



Shri Ram jai Ram
jai jai Ram

Ram
Navami
Special

JAI
SHRI
SAI

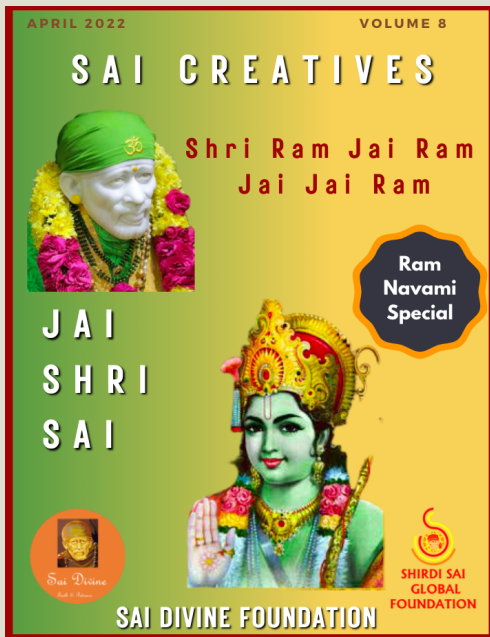


Sai Divine
Faith & Patience



SHIRDI SAI
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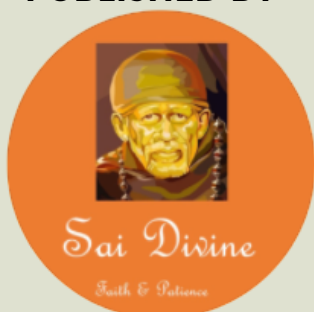


HAPPY Ram Navami

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EDITORIAL

Ram Navami holds a special place in our hearts, especially for Sai devotees. This day not only marks the birth of Shree Ram but brings us all together regardless of race and creed. Ram Navami celebration in Shirdi has become the symbol of hope and happiness for millions of devotees across the globe and has given organizations like Sai Divine Foundation, Dallas, an opportunity to bring that celebration to devotees who are living in the United States. This is all possible due to the continuous blessing of Shirdi Sai Baba and our Puja Guruji Dr. Chandra Bhanu Satpathy.

Sai Divine Foundation, Dallas has always aimed towards spreading the words of Shirdi Sai Baba and Puja Guruji Dr. Chandra Bhanu Satpathy. One of the aspects of the organization is to help the community through charity. The charity has and will always be the basis of the Sai Divine Foundation. What makes the charity special is the active involvement of children, which enables them to help others in need and grow up to be a responsible members of the community. Food charity has always been the focus as we believe that food is one of the main items that every living organism needs to survive. Multiple food drives are organized throughout the month to help the homeless community in Dallas and Austin, Texas.

The magazine "Sai Creatives" has been an enormous contribution to sharing the words and wisdom of Shirdi Sai Baba and Puja Guruji Dr. Chandra Bhanu Satpathy. What makes this magazine unique is the contribution of children from all age groups. Whether it is a literature piece or art, these children provide an exciting point of view on many aspects. The team at Sai Divine Foundation would also like to thank you, the readers, for showing support for the magazine and providing valuable feedback.

I hope that the contents of this magazine will intrigue you as a reader and lets you connect with Shirdi Sai Baba and Puja Guruji Dr. Chandra Bhanu Satpathy. From Sai Divine Foundation, we wish you Happy Ram Navami.

Jai Shree Sai.

Jai Shree Gurudeva

E d i t o r
SAI C R E A T I V E S

RAM NAVAMI MESSAGE

Dr. C. B. Satpathy



The Path towards the Sadguru is the real path towards spirituality, needed much in this age of conflicts, contradictions, and acute materialism. As Swami Vivekananda said, like different rivers leading to the sea, all the paths that men take lead to Him, the God eternal. The paths that are mostly adopted by the seekers are Rajyoga, Gyanayoga, Karmayoga, Bhaktiyoga, Hathayoga, Layayoga, Nivruti Marg, Pravriti Marg etc. There are even Avadhootas, Kapalikas, Aghoris, and many other types of spiritual seekers. Different religions have different approaches. In this multiplicity of approaches towards the understanding and realization of God, there has to be something common and universal that binds us together. The seekers with such a universal approach make spiritual progress with comparative ease relative to others.

Sitting in Dwarakmayee masjid in Shirdi, Baba said that there are many paths, but one of the paths leads to God through Dwarkamayee. When one analyses how Baba led thousands of people on the path of spiritualism and ethical conduct at Shirdi, a certain pattern is discerned. The basic principles of the Sai path are based on the existence in the physical form of a perfect being known variously as a Sadguru, a Perfect Master, or a Qutub as is called by the Sufis.

The word 'Qutub' simply means 'axis', a pivot around which others, living and non-living, revolve. The Perfect Master, having himself experienced different stages of evolution, including that of man, has at last reached the stage of a divine being. However, those among these perfect beings, who out of infinite compassion, make the greatest sacrifice of not enjoying the blissful state of God but incarnate on earth in a human body to serve the imperfect, suffering humanity are called the Sadgurus or Perfect Masters.

When in the human body, they act as both human beings and divine beings. As divine beings, they have infinite power, infinite knowledge, and infinite happiness. They are Omnipotent, Omnipresent and Omniscient. They share their power, knowledge, and happiness with millions of people at times, by certain methods, not perceivable by human beings. These are called leelas or miracles. All miracles are based on the laws of nature. Only through arduous spiritual practices, one can know, experience, and master them. All the elemental and subtle forces of nature like fire, water, air, etc., on earth, are defined as various deities by the Hindus. These can be controlled and used by them for the benefit of devotees.

As divine beings, they see everything in themselves and themselves in everything. So, they serve as if they are serving themselves. They see God in everyone even though others may not be able to see God in them.

Let us always remember their kindness and pray for them to help us. Wishing everyone a joyous and pious Ram Janam Diwas.

Jai Shri Sai.
Dr. C B Satpathy
Gurugram

SHIRDI AND SHRI RAM NAVMI CELEBRATION

By Padmaja Puppala, Plano, Texas

Shirdi is one of the most popular pilgrim centers in India. It is known for its association with Sai Baba and is visited by devotees all year round. Shirdi celebrates three festivals with a lot of excitement and Ram Navami is one of them (the other two being Vijayadashami and Gurupurnima). The day also concludes the 9-day Chaitra Navratri festival. Much like everywhere else, Lord Rama's birthday is celebrated with much gusto in Shirdi.

It is believed that Shirdi Sai Baba took Mahasamadhi on the day of Vijayadashami or Dussehra. Therefore, during the Chaitra Navratri which falls in March-April, the Ram Navami day is celebrated as Baba's birthday and Sharad Navratri culminating on Dussehra is the day when Baba went Antardhyan.

Both the days are observed in a huge manner at Shirdi Sai Baba's temple where devotees make a long queue just to get a glimpse and blessings of the lord. The name Sai was given to him by Mhalsapati upon his arrival in the temple town of Shirdi. According to Sai Satcharitra, Baba came to Shirdi when he was only 16- year-old. It is believed that he came along with a man who was coming for a wedding to the place. Many believe that Baba's date of birth happens to be September 28, 1835.

THE LEGEND OF RAM NAVAMI CELEBRATIONS:

Baba's ardent follower named Gopalrao Gund was childless for a long time and finally was blessed with a son. To offer his thanks to Baba, seeking blessings for the newborn baby too, he took Baba's permission to organise a thanksgiving fair which coincided with Urus, a festival of Muslims in honour of a Sufi saint.

As per Sai Satcharitra book, the day for the Urus was fixed on Ram Navami, after having consultation with Sai Baba. It seems he had some purpose behind this, viz. the unification of the two festivals, the Urus and the Ram Navami and the unification of the two communities – the Hindus and the Muslims. As future events showed, this end or object was duly achieved with Baba's blessings.

Gopalrao Gund had a friend by name Damu Anna Kasar of Ahmednagar. He also was similarly unhappy in the matter of progeny, though he had two wives. He too was blessed by Sai Baba with sons and Mr. Gund prevailed upon his friend to prepare and supply one flag for the procession of the fair. He also succeeded in inducing Mr. Nanasaheb Nimonkar to supply another flag. Both these flags were taken in procession through the village and finally, fixed at the two corners of the Masjid, which is called by Sai Baba as 'Dwarkamai'. This is being done even now.

SANDAL PROCESSION IN SHIRDI:

An excerpt from Sai Satcharitra mentions: There was another procession which was started in this fair. The idea of 'Sandal' procession originated with one Mr. Amir Shakkar Dalal, a Muslim Bhakta from Korhla. This procession is held in honour of great Muslim Saints. Sandal i.e. Chandan paste and scrapings are put in the Thali (flat dishes) with incense burning before them and carried in procession to the accompaniment of band and music through the village and then, after returning to the Masjid, the contents of the dishes are thrown on the 'Nimbar' (niche) and walls of the Masjid. This work was managed by Mr. Amir Shakkar for the first three years and then afterwards, by his wife. So, on the same day the two processions, the 'Flags' by the Hindus and 'Sandal' by the Muslims, went on side by side and are still going on without any problem.

Sai Baba made Dwarkamai masjid his abode and on Ram Navami day, flags are changed there. With many more legends and events which unfolded post this, according to Sai Satcharitra, from 1912, the Ram Navami festival was thus going on, the procession of the two flags by day and that of the 'Sandal' by night, went off with the usual pomp and show. From this time onwards, the 'Urus of Baba' was transformed into the Ram Navami festival.

Therefore, till date on Ram Navami and Urus, Shirdi sees huge celebrations in place. Sai Baba of Shirdi is a spiritual figure worshipped across the globe. The saint or Fakir of Shirdi has an ocean of devotees scattered in every corner of the world with their faith and belief in Him. Baba's teachings and learnings have travelled over years and people irrespective of their religion have shown utmost faith in the Satguru.

'God Is One' was his motto and 'Sabka Malik Ek', Allah Malik favorite epigrams associated with Sai Baba of Shirdi.

Om Sai Ram and a very Happy Ram Navami to all!

God's grace

By Shreya Agarwal, Plano, Texas

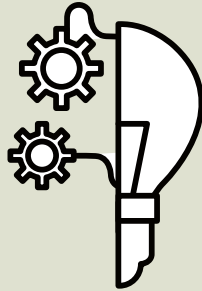


Last summer, I successfully completed my Bharatanatyam Arangetram. Today, I am going share how Baba's blessings aided me every step of the way. My rigorous arangetram training process began in June of 2021. Initially, I was very stressed for a number of reasons. I had been learning online for the past year, my photoshoot had not even been done yet, we could not find musicians who could come for my arangetram, and more. Baba helped me through every obstacle. I started experiencing Baba's grace on the day of my photoshoot. I was stressed because my teacher couldn't come to my photoshoot and we didn't have much time to go over the poses. As soon as I walked into the photographer's house, I saw a picture of Sai Baba, assuring me that everything will work out. And so it did. At the end of the photoshoot, I was left feeling extremely happy and later saw that the photos had come out beautifully! My next encounter with Baba's grace was when I emailed Guruji (Dr. C.B. Satpathy) for his blessings regarding my arangetram. He enthusiastically responded that I will do very well and that "May Shri Sai bless you". The next class I attended, my teacher was very pleased with how I danced. After that, the next obstacle to overcome was finding musicians to come for my arangetram. Initially, no singer was available and we could not find available violin and mridangam artists. There was one amazing singer who came to other arangetrams, and we really wanted her to come. Baba arranged for this also. In the middle of July, we found out that despite her busy schedule, the singer we wanted was willing to fly in on the morning of my arangetram just so she could sing for me. We later found out that she was also a Baba devotee. I was ecstatic, because I now knew that an amazing singer was going to sing for my arangetram. That's not all, after that, Baba arranged for a mridangam player and violin player as well! Interestingly, the mridangam player Baba chose had played for a dance annual I was in when I was 6-7 years old! And like this, all of our musicians were fixed by the end of July!

Now coming back to my dance lessons. Throughout the process, Baba blessed me so that I could learn and apply everything my teacher taught me. She worked with me so much, and Baba's blessings enabled me to really absorb all of her teachings and be motivated to work hard. I had transformed tremendously as a dancer, thanks to my Guru and God. The final test came for me in the week before my arangetram. In my second rehearsal, I had started to falter a little bit in my dancing and was starting to forget the corrections my teacher had made due to all of the stress. Baba helped me confront this obstacle as well. My teacher called me in for extra classes the Thursday and Friday before my arangetram and fixed everything back so I could dance my best on Sunday, arangetram day. I had improved back again and was ready for the big day! On arangetram day, I went to the temple in the morning to pray to God to have a successful arangetram. Miraculously enough, the temple was doing a special puja when we arrived. I later learned that very few people get to witness this puja. After all of these experiences, I was completely confident that I would do well. The day went on very well, and by the time I was on the stage I was both nervous and excited for my debut. Baba was there with me, helping me every step of the way. In the beginning of my dances, I started getting really tired and slightly nervous, but my teacher came to talk to me and encourage me to dance for myself. After that, I felt a divine energy within me and was able to do everything the way I had imagined it, with graceful ease. To this day, watching my arangetram video gives me goosebumps. My mom said she felt Baba's presence all throughout my arangetram. Finally, I concluded my dance with a Sai Baba mangalam, leaving me such pride and gratitude in my heart: to my parents, my dance guru, Guruji, and dearest Sai Baba. Through my arangetram I learnt one lesson: If you keep Shraddha and Saburi in Baba, he will surely guide you through and bless you with his grace. Jai Shri Sai!

10 DIMENSIONS

By Manan Puri, Plano, Texas



When we look around us, we see things in 3 dimensions but according to many physicists, there are at least 10 dimensions. Currently, we live in a 3-dimension world which can be easily explained by an X, Y, and Z-axis graph and the different axis represent latitude, longitude, and altitude. Similarly, In a 4-dimension world, there would be an extra factor added to latitude, longitude, and altitude which would be the time. With 4 numbers given to us on a graph, we would easily be able to pinpoint your location in a 4-dimensional space just like we can pinpoint each other with latitude, longitude, and altitude in 3-dimensional space. If humans were 4-dimensional beings, moving along the timeline would be as easy as walking down the road or drinking a glass of water which would allow us to travel or go back in time whenever we desire. While we cannot "see" the other dimensions in the traditional sense, we can experience them to a limited extent. Our memories enable us to see our time, but it's not perfect and our ability to "see" the future via predictions is limited in the same way. However, we can also imagine other possible parallel universes through "what-if" scenarios. Again, we're limited, but our imagination can do it. In dimensions 5 and 6, Quantum physics says that the 5th and 6th dimensions are the explorations of all of the possibilities and permutations of the choices made which means you can move up or down, left or right, and discover the possibilities of what was, can, is or will happen on different possible timelines since time is not linear in 5 and 6 dimensions. Now the idea of dimensions 7 through 10 is that there are different universes with different possibilities and impossibilities and each universe could have different laws of physics. Every world we've thought of in novels, games, movies, etc. represents the different possible universes that could exist. While we perceive them as just "made-up" things, they have become possible because we thought of them and transcribed those thoughts into another form, be it paper, video, etc. When you combine all these universes, possibilities, choices, places, times, impossibilities, and laws of physics, you get the highest dimension known to man which is the 10th-dimension. While we are perceptually limited to the 3rd dimension, our imagination enables us to think about and "see" the other dimensions. Our minds are far more capable and powerful than we think.

PRANATATVA

By Namita Rani Subudhi
Bhubaneswar, Odisha

IN the creation of the Universe, Brahma exists in the seed form of Samasti and Vyasti. When the Nabin Kalpa (the Universe) was conceived by Brahma, Brahma as the consciousness stayed in the Unoverse. Like a farmer who plants the seed on the earth under his leadership and supervision, the earth produces different plants according to the nature of the seeds, in the same way God under his leadership connects the seed of consciousness (purusa) with the nature (Jado) produces different species on the earth with the elements related to Panchabhutta and the seed already exist in the Universe.

In Bhagvat Geeta Lord Krishna says :

"Bhumirapona lavayu khang manobudhirebecha
ahankaram etiyam me virna prakruti rastodha "

Panchabhuta (earth, water, fire, air and sky) the mind and the ego are the essence of God's nature exist on the earth in the form of Jado and chtana. By which the Pranatatwa in the body in every creature, maybe it is unicellular, multicellular, form of trees and animals and all non-living things.

What is Prana, how it influences our mind, how it functions and influences various organs of our body, at the physical level, at the energy level and at the mental level. Prana is available at everywhere in our body. Due to subtleness in the body, it is not absorbed. When we take it, it operates in various ways in the body like in a factory, when different departments operate in coordination.

Prana is the vital force that runs in the body. It prompts us to do different activities in the body through Karmendriyas and Gyanendriyas. As you know our body constitutes of 5 elements, the PANCHBHUTA. We get Prana from these 5 elements of the body (which are Earth, Water, Fire). From the Earth element we get food, from the water elements the liquids we drink, we get oxygen through our breath from the Air, fire element we get from the sunlight and from the space element, we get our thoughts. So, Prana is available in the environment. Our system absorbs all the elements from the Panchabhutta. There are so many subtle elements in our body which Prana gets its energy from.

There are about 72000 Nadis in our entire body system where the subtler body exists. Apart from Physical body, there are other subtler bodies. The physical body is known as Annamaya Kosho, which is the gross physical body. Second layer is the Pranamaya Kosho, the energy body or Pranik body. The third layer is the Monomoyo Kosho, that is mental body. The fourth layer is the Vigyanmaya Kosho, which is intellectual body and the fifth layer is Anandamaya Kosho, that is the bliss body. There is no certain placement of these Koshos in the body. For example, the Pranik Body is the subtler body attached to the physical body. Manomaya Kosho is subtler than the Pranik Body.

Prana divides into Panchaprana – Prana, Apano, Samano, Vyano and Udano, which takes care of various operations of the subtle body. The job of the Prana Vayu is to obtain the energy from the environment and supply it into the system. The location of the division of this Prana is the chest, from the thoracic region below the neck to the diaphragm. This is responsible for the respiratory and cardio-vascular system. It is also responsible for emotional system and to control our mind. In the mental level, when the Prana Vayu is strong, we can also obtain multi-tasking mental strength and emotional stability. To control the mind, one should have to control the Prana.

To balance these 5 Prana Vayus, we have to practice different Yogasanas and Pranayams.

To explain further -

- Prana Vayu - All the Chest opening asanas like Tadasana, Warrior Pose, upward facing Dog, Bhujanga asana, all the back bends, chakrasana etc. improves the Prana Vayu.
- Samana Vayu – Samana means Balancing. It gets the energy from the food we eat. In the mental level, it processes the information and assimilation of the essence. It takes care of ailments like, indigestion, stomach blocking etc. It helps for calming your mind. Those who have mastered in the Samanabhyas, they have an Aura in their body. When you are able to absorb the nutrients you get from different elements, Samana Vayu produces the Aura in your body and looks like a radiant body. Asanas on the abdomen region like Trikonasana, Parivrtta asana, Ardha Matsyendrasana, Paschimottasana, Navasana, Kapal Bhati generates Saman Vayu.

- Apana Vayu – it works on elimination and excretion from our body like carbon dioxide, urine etc. Apana is located below the naval region and helps excretion and reproductive system. It provides energy to kidneys and genitals. In the mental level, it helps us to eliminate the unnecessary things from our mind, which are happening in our thoughts. When it is balanced, it helps us to retain good experiences and thought and develops creativity. Problems like constipation, UTI, menstrual problem, reproductive issues get affected if this Vayu is imbalanced. Pawan muktaasana, Machya asana, and all other seated twists, janu siro asana, salva asana generates Apana Vayu.
- Vyana Vayu – it circulates through arms, legs and all other parts of the body. It supplies the energy generated from the other Vayus to the different parts of the entire system of the body. It is an outward moving energy from the center of the body. When the Vyana is low, we feel very lethargic. In the mental level also, we feel laziness. Ailments relating to inflammation in the joints, mind body coordination and arthritis occur due to deficiency of Vyana Vayu. In the mental level when the Vyana Vayu is strong, we can express ourselves freely and feel energetic and active. Good number of repetitions of Surya Namaskar, helps in balancing this Vayu.
- Udana Vayu – the Vayu which moves to the upward direction from the neck to the head. It develops higher reasoning capacity, logical thinking, intuition and controls the neurological system and managing the nervous system. Those who are in the higher state of consciousness, they are perfect in controlling Udana Vayu. Nervous disorders like Thyroid, tonsils and depression are controlled by managing the Udana Vayu. If our Udana is strong, then we have good command on our language. Those who have mastered the Udana Vayu, they can get enlightenment. One gets the ability to think clearly, make decisions perfectly with the help of strong Udana Vayu. Asanas like the Bridge Pose, Fish Pose, sarvangasana and Halasana, Sirsasana etc. develop the Udana Vayu. Ujjayi pranayama works on the throat region and balances the Udana Vayu.

So Lord Krishna says in Bhagwat Gita referring Prana as :

***Ahom Baiswanaro bhutwa praninam dehomashrita
Pranayam samayuktoho pachanyam chaturvidam.***

Meaning - becoming the fire of life, I enter into the bodies of all creatures and mingling with the upward and downward breath, I digest the 4 kinds of food (Masticated, drunk, licked, sucked).

**Jay Shree Sai
Jay Gurudev**

साई भजन

By Sumedha Bakhshi, India

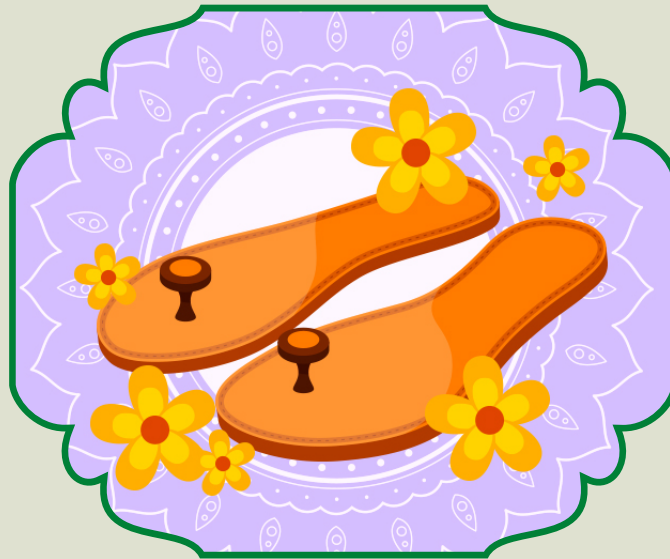


श्री सद्गुरु साईनाथा महाराज की जय ।
 यह तन भी--- तुम्हारा है । यह मन भी -- तुम्हारा है।
 अब क्या करू अर्पण--- बाबा सब ही तुम्हारा है, साईयों सब ही तुम्हारा है।
 यह धन भी तुम्हारा है , यह मन भी तुम्हारा है, अब क्या करू अर्पण बाबा सब कुछ ही तुम्हारा है ,
 साईयों सब ही तुम्हारा है ।
 जीवन की डोर साईयों दी है तुम्हारे हाथों में , बाबा दी है तुम्हारे हाथों में।
 तन,मन ,धन अर्पण है साई जी आप के द्वारे में, बाबा आप के द्वारे में।
 अब सुन लो साई जी मेरी पुकार , बाबा भक्तन की पुकार।
 आओ आओ साईयों हम राह निहारे हैं ,बाबा राह निहारे हैं,हम आस लगाए बैठे है बाबा दर्शन की , बाबा दर्शन की,अखियों तरस रही है नीर भी सूखे आस में , बाबा नीर भी सूखे आस में

आओ आओ साई, मेरे गुरुवर, आओ आओ अब आओ आओ साई , मेरे गुरुवर आ भी जाओ
 आ कर सभांलो हम को
 साई। जीवन नैया है तुम्हारे हवाले, निराश ना करना मेरे साई। इक तुम ही तो सहारा हो,बाबा तुम ही सहारा हो।
 आओ आओ गुरुवर आ भी जाओ हम राह निहारे है बाबा राह निहारे है।
 यह तन भी तुम्हारा है, यह मन भी तुम्हारा है ,
 यह धन भी तुम्हारा है।
 अब क्या करू अर्पण साईयों सब ही तुम्हारा है , गुरुवर सब ही तुम्हारा है बाबा सब ही तुम्हारा है ।
 जय श्री साई

गुरु पूर्णिमा

By Indu Patil, India



पूनम की रात है, चाँद की चाँदनी छाई है,
 चाँदनी रात को मैं चाँद के सुन्दर मनमोहक रूप में खो गई ।
 हल्की सी आहट हुई, चाँद ने पूछा,
 "क्या कोई है मेरे जैसा"?
 मैंने कहा "मेरा गुरु है ऐसा" ।
 हवा की तरंगों का झोंका आया, आकर बोला,
 "क्या वह खिलता है कमल जैसा?"
 "नहीं नहीं, उसका दिल है महल जैसा" ।
 परियों ने पूछा "क्या वह जादू की छड़ी है?"
 दिल से आवाज़ आई "साई श्रद्धा और सबुरी की लड़ी है" ।
 पेड़ों की सरसराहट ने कहा "क्या वह फूल हैं?"
 मेरी आत्मा से आवाज़ आयी, "फूल तो उनके चरणों की धूल हैं" ।
 सूर्य ने कहा "क्या वह देव हैं?"
 दिल ने बोला "नहीं नहीं, वह देवों के देव मेरे साई महादेव हैं" ।
 जय साई जय साई !

FIRST EXPERIENCE OF BABA

By Priyambada Mohanty, India

My name is Priyambada and I am a devotee of Sai Baba. I would like to share my first ever experience of Baba.

It was the year 2012, neither did I pray, nor did I know much about Sai Baba but had only heard of him before this experience. A few of my acquaintances who were Baba's devotees, from their trip to Shirdi, used to gift me 'Udi' (sacred ash) and small photo frames of Baba which I just simply kept in a Puja place at my home. I clearly remember it was July when for the first time Baba entered my life.

My son had just finished his master's degree and was in search of a job. Since he was not getting good job offers our entire family was a little worried. Who else to turn to when things seem out of your hands? Any puja or rituals I was advised to do I did for my son. A friend of mine approached me saying that she knows a very good astrologer whose predictions and remedies rarely go wrong. We went with lots of hope but when the astrologer had a glance at my son's birth chart, he immediately told us that getting a job is not in my son's destiny and that he could not have a career. I could not sleep that night. We were feeling extremely hopeless.

One day, Sai Baba's thoughts passed my mind. I recalled all experiences, which I had heard about from various people. So, I started sharing my worries with Baba. After a few days, my son decided to go to Bangalore for better job opportunities. A day before his departure I insisted that we go to Sai Baba Temple at Tankapani Road, Bhubaneswar. We went to the temple for Baba's blessings. During prayers each of us lit Diyas and when we lifted the Diya towards Baba for praying, the flame of both the Diyas extinguished at once. We returned home saddened, and I asked my son to cancel the plan of going to Bangalore. I was scared that maybe the astrologer's predictions are right, but my son assured me that these things are all superstition.

Within a matter of just 15 days, my son had to return home as he was suffering from jaundice. Nothing seemed going well with our entire family but among all this, my prayers and belief for Sai Baba increased. Four months passed away and finally, happiness came our way. My son got a very good job in a company. From that day onwards till today my faith and belief in Baba have just grown with each passing day.

Sai Baba has always shown his presence behind every work of mine and has directed me toward the right path.

IMPORTANCE OF GURU IN OUR LIFE

By Sanjeeb Panigrahi, India

What does Bhagavad Gita say about guru? Verse 18.78 of Gita says that where there is expert and qualified mentor and a sincere student, success is guaranteed. Verse 4.34 further says that student should approach the guru with respect, service and reverence. To show to the mankind the importance of Guru, Srikrishna himself had a guru called Sandipani muni. so why is the guru important? Not only your Guru will help you in the spiritual journey but will also guide you in your household life – he will give you intuition powers to decide what is good and what is bad for your life, he will give you powers to decide what path to take which will benefit your soul and he will guide you which path to avoid and which path is easier to you to reach to your destination.

When you drive a car and you want to go to an unknown place a GPS is your best guide and it will help you reach your destination smoothly without getting lost. If You are rigid and you do not wish to use a Gps you probably might get lost in an unknown place and it might take you a lot of time reaching your destination, maybe you never even reach it's in all spheres of life, you need a guide to help you reach your destination. Similarly, a guru is your GPS in your spiritual journey, he will never allow you to get lost and he will help you reach the destination safely and smoothly with wise instructions to follow the path and its guaranteed success. But for that, you will first have to surrender before him and believe in him leaving aside all your ego and myths. When you drive the car you believe that the GPS will take you to the right direction so when you can believe when a machine that is programmed can help you reach your direction then why not believe in a Guru who is a realized soul -he will definitely help your soul reach the goal. Similarly, you will have to believe that your Guru will guide you into your spiritual journey.

Remember, a Guru has already walked the path on spirituality so he knows the secret to reach that path and he also knows the mistakes to avoid on that path so he gives us a secret code to reach our goal, now your role is to trust him. If you have faith and follow his path you definitely will attain success and will not have to go through various troubles and mistakes to walk on that path. Than why do we need living guru? At an individual level in Hinduism, the Guru is many things, including being a teacher of skills, a counselor, one who helps in the birth of mind and realization of one's Self (Atma), who instills values and experiential knowledge, an exemplar, an inspiration and who helps guide a student's (śiṣya) spiritual .A living guru is of this world and can explain things to you through the ways of this world in its current form. He conveys how we can progress spiritually alongside progressing in our external world.

A living guru's teachings are compatible with the kind of life we lead in that particular era.

Now question is who is a real guru? Many are called (or call themselves) "guru," but very few are the real, or true Guru, as he (or she) is described in the Scriptures. The true guru is a Sat-Guru, who knows his Self to be one with God. You can have as many gurus as you like. Different spiritual masters follow different paths. You should follow one spiritual path under one master.

Is a guru necessary? There is no requirement to have a guru, though most Hindu traditions hold that having a guru is immensely beneficial for one's spiritual knowledge and advancement. In other words, while you do not have to have a guru to reach enlightenment, it's easier with a guru. This is not dissimilar to any new journey. A distinctive aspect of Hindu devotion is the veneration of a human guru, who is not only an exemplar and a teacher, but is often worshipped as an embodiment of the divine. In the past these gurus have almost always been men. Today, however, female gurus are a noticeable presence, especially in the United States.

Guru is higher than God, because Guru leads you to God. This is because Guru is God Himself come in Human form. The Guru is the guide who knows the way to take the jiva to the top, which is re-union with God. Eventually, the "guru" becomes more important than God. In this context, the Guru Gita plays a key role. Guru is seen as equal to or greater than father, mother, and the gods even. Once you feel an answer in the heart, call to the guru deeply, 'Introduce me to God. "' You may also ask him any clear question at the spiritual eye, and afterwards try to feel his answer in your heart chakra. Again, it's an intuitive, subtle, silent dialogue.

The guru disciple relationship. The Guru - Disciple relationship is a majestic, and a loftiest relationship based on the Guru's unconditional love for the disciple and loyal spiritual endeavor by the disciple in the path of attaining his true nature. It bears no taint of selfish considerations.

To get Guru blessings and Worship Guru Bhagawan , one should Respect and assist the poor and disadvantaged, Donate food for those who are in hunger, Respect and be grateful to the teachers in your life (Mother, Father, Teachers, Idols, Mentors and etc.), Provide educational or financial assistance to students, Donate food to animals.

A qualified spiritual master is essential to learn self-realization. Bhagavadgita (Ch.4.34) asks one to learn the truth through a Guru or spiritual master, inquire from him submissively and render service unto him. The self-realized soul imparts knowledge as he has seen the truth. A real Guru imparts gynana (true knowledge) and teaches how to raise one's consciousness beyond material physical boundaries. He teaches meditation to attain real peace of mind, true self-knowledge, eternal happiness, liberation from karmas, develop true love for God. Guru mantra in sanskrit guru mantra in sanskrit Bhagavad Gita, Chapter 4, Verse 34 Achieving spiritual perfection by oneself through yoga (meditation) is impractical. One must learn spiritual practices under the guidance of a genuine spiritual master. We repose our faith in a Guru whose feet are roots of worship and the root of liberation. He opens our eyes blinded by ignorance and darkness and guides us to our goals.

The Guru Mantra

Guru Brahma, Gurur Vishnu, Gurur Devoh Maheswaraha Guru Saakshaat Para Brahma, Tasmai Shree Guruve Namaha Guru is Brahma, Guru is Vishnu, Guru is Shiva Guru is the Absolute Brahman incarnate, Obeisance to Guru guru mantra in Sanskrit.

Ref : Various sources in googol

Importance of A Guru in our lives - Times of India

Understanding the role and purpose of Guru in Hinduism

<https://hinduismwayoflife.com>

AN EDUCE FROM SHRI SAI SATCHARITRA CHAPTER VII, VIII, IX

Behaviour of Sai Baba : Chapter IV

Fool that I am, I cannot describe Baba's miracles. He got almost all the temples in Shirdi repaired. Through Tatya Patil, the temples of Shani, Ganapati, Shankar-Parvati, Village Deity, and Maruti were put in order. His charity was also remarkable. The money He used to collect as Dakshina was freely distributed, Rs.20 to some, Rs.15 or 50, to others every day. The recipients thought that this was 'pure' charity money, and Baba wished that it should be usefully employed.

People were immensely benefited by having a darshana of Baba. Some became hale and hearty; wicked people were turned into good ones. Kushtha (Leprosy) was cured in some cases, many got their desires fulfilled, without any drops or medicine being put in the eyes, some blind men got back their sight and some lame ones got their legs. Nobody could see the end of His extraordinary greatness. His fame spread far and wide, and pilgrims from all sides flocked to Shirdi. Baba sat always near the Dhuni and eased Himself there, and always sat in meditation; sometimes with and on other times without a bath.

He used to tie a white turban on his head; and wear a clean Dhotar round his waist, and a shirt on his body. This was his dress in the beginning. He started practicing medicine in the village, examined patients and gave medicines. He was always successful, and He became famous as a Hakim (Doctor). A curious case may be narrated here. One devotee got his eye balls quite red and swollen. No Doctor was available in Shirdi. The other devotees took him to Baba. Other Doctors would use ointments, Anjans, cow's milk and camphorated drugs etc., in such cases. Baba's remedy was quite unique. He pounded some 'BEEBA' (Some Carpus Ana Cardium i.e. marking nuts) and made two balls of them, thrust them on in each eye of the patient and wrapped a cloth-bandage round them (eyes). Next day, the bandage was removed and water was poured over them in a stream. The inflammation subsided and the pupils became white and clear. Though the eyes are very delicate, the BEEBA caused no smarting; but removed the disease of the eyes. Many such cases were cured and this is only an instance in point.

AN EDUCE FROM SHRI SAI SATCHARITRA CHAPTER VII, VIII, IX

Importance of Human Birth : Chapter VII

In this wonderful universe, God has created billions (84 lacs according to Hindusastra calculation) of creatures or beings (including Gods, demigods, insects, beasts and men) inhabiting heaven, hell, earth, ocean, sky and other intermediate regions. Of these, those creatures or souls, whose merits preponderate, go to heaven and live there till they enjoy the fruits of their actions, and when this is done, they are cast down while those souls, whose sins or demerits preponderate, go down to hell, and suffer the consequences of their misdeeds for so long a time as they deserve. When their merits and demerits balance each other, they are born on earth as human beings, and are given a chance to work out their salvation. Ultimately when their merits and demerits both drop down (are got rid of) completely, they get their deliverance and become free. To put the matter in a nutshell, souls get their births or transmigrations according to their deeds and intelligence (development of their minds).

Special Value of the Human Body: Chapter VIII

As we all know, four things are common to all the creatures, viz. food, sleep, fear and sexual union. In the case of man, he is endowed with a special faculty, viz. knowledge, with the help of which he can attain God-vision, which is impossible in any other birth. It is for this reasons that Gods envy man's fortune and aspire to be born as men on earth, so as to get their final deliverance. Some say, that there is nothing worse than the human body, which is full of filth, mucus, phlegm and dirt, and which is subject to decay, disease and death. This is no doubt true to a certain extent; but inspite of these drawbacks and defects, the special value of the human body is - that man has got the capacity to acquire knowledge: it is only due to the human knowledge that one can think of the perishable and transitory nature of the body itself, and of the world and get a disgust for the sense-enjoyments and can discriminate between the unreal and the real, and thus attain God-vision. So, if we reject or neglect the body because it is filthy, we lose the chance of God-vision, and if we fondle it, and run after sense - enjoyments, because it is precious, we go to hell. The proper course, therefore, for us to pursue is the following; that the body should neither be neglected nor fondled, but should be properly cared for, just as a traveler on horse-back takes care of his pony on the way till he reaches his destination and returns home. Thus the body should ever be used or engaged to attain God-vision or self-realization, which is the supreme end of life.

It is said that though God created various sorts of creatures he was not satisfied, for none of them was able to know and appreciate His work. So he had to create a special being - Man, and endow him with a special faculty, viz. Knowledge and when He saw that man was able to appreciate His Leela - marvellous work and intelligence. He was highly pleased and satisfied. (Vide, Bhagawat 11-9-28). So really it is good luck to get a human body, better luck to get birth in a Brahmin family, and best one, to get an opportunity of having recourse to Sai Baba's Feet and surrendering to Him.

Man's Endeavour: Chapter VIII

Realizing how precious the human life is, and knowing that Death is certain and may snatch us at any time, we should be ever alert to achieve the object of our life, we should not make the least delay but make every possible haste to gain our object, just as a widower is most anxious to get himself married to a new bride, or just as a king leaves no stone unturned to seek his lost son. So with all earnestness and speed, we should strive to attain our end, i.e., self-realization. Casting aside sloth and laziness, warding off drowsiness, we should day and night meditate on the Self. If we fail to do this, we reduce ourselves to the level of beasts.

How to Proceed?

The most effective and speedy way to gain our object is to approach a worthy Saint or Sage - Sadguru, who has himself attained God-vision. What cannot be achieved by hearing religious lectures and study of religious works, is easily obtained in the company of such worthy souls. Just as the sun alone gives light, which all the stars put together cannot do, so the Sad-Guru alone imparts spiritual wisdom which all the sacred books and sermons cannot infuse. His movements and simple talks give us 'silent' advice. The virtues of forgiveness, calmness, disinterestedness, charity, benevolence, control of mind and body, egolessness etc. are observed by the disciples as they are being practiced in such pure and holy company. This enlightens their minds and lifts them up spiritually. Sai Baba was such a Sage or Sad-Guru. Though He acted as a Fakir (mendicant), He was always engrossed in the Self. He always loved all beings in whom He saw God or Divinity. By pleasures He was not elated. He was not depressed by misfortunes. A king and a pauper were the same to Him. He, whose glance would turn a beggar into a king, used to beg His food from door to door in Shirdi, and let us now see how He did it.

The Necessity of Mendicancy: Chapter IX

Now to return to the question of mendicancy. A question may arise in the minds of some that if Baba was such a great personage - God in fact, why should He have recourse to the begging bowl, all His lifetime? This question may be considered and replied from two standpoints. (1) Who are the fit persons, who have a right to live by the begging-bowl? Our Shastras say that those persons, who, getting rid of, or becoming free from the three main Desires, viz. (1) for progeny, (2) for wealth, (3) for fame, accept Sannyas, are the fit persons to live by begging alms. They cannot make cooking arrangements and dine at home. The duty of feeding them rests on the shoulders of householders. Sai Baba was neither a house-holder nor Vanaprastha. He was a celibate sannyasi, i.e., sannyasi from boyhood. His firm conviction was that the universe was His home, He was the Lord Vasudeo - the Supporter of the universe and the Imperishable Brahman. So He had the full right to have recourse to the begging-bowl. (2) Now from the standpoint of (1) Pancha-soon - five sins and their atonement. We all know that in order to prepare food-stuffs and meals, the householders have to go through five actions or processes, viz. (1) Kandani-Pounding, (2) Peshani-Grinding, (3) Udakumbhi - Washing pots, (4) Marjani - Sweeping and cleaning, (5) Chulli-Lighting hearths. These processes involve destruction of a lot of small insects and creatures, and thus the householders incur a lot of sin. In order to atone for this sin, our Shastras prescribe five kinds of sacrifices, viz. (1) Brahma-Yajna, (2) vedadhyayan - offerings to Brahman or the study of the Vedas. (3) Pitra-Yajna-offerings to the ancestors, 4)Deva-Yajna - offerings to the Gods, (5) Bhoota-Yajna-offerings to the beings, (6) Manushya-Atithi-Yajna-offerings to men or uninvited guests. If these sacrifices, enjoined by the Shastras are duly performed, the purification of their minds is effected and this helps them to get knowledge and self-realization. Baba, in going from house to house, reminded the inmates of their sacred duty, and fortunate were the people, who got the lesson at their homes from Baba.

Moral

"See God in all beings" is the moral of this chapter. The Upanishads, the Geeta and the Bhagwat, all exhort us to perceive God or Divinity in all the creatures. By the instance given at the end of this Chapter and others too numerous to mention. Sai Baba has practically demonstrated to us how to put the Upanishadic teachings into practice. In this way Sai Baba stands as the best Exponent or Teacher of the Upanishadic doctrines.



SHIRDI SAI GLOBAL FOUNDATION

Vasant Utsav (Online Celebration), Sai Ka Aangan, Gurugram on 5 February 2022



Sai Ka Aangan, Gurgaon, celebrated its 20th Vasant Utsav on Vasant Panchami on 5th February 2022. The event was organized by Sai Prakash Spiritual and Charitable Trust in association with C.B.S. Cultural Foundation. Following the Government norms to control the spread of Covid, like last year, this year too Vasant Utsav was celebrated virtually. Dr. C.B. Satpathyji lit the lamp amidst chants of Ganesh Stuti and Saraswati Mantra by the children of the Aangan. Shri Sainath's Aarti in the evening was followed by the virtual rendition of soulful devotional songs by the Sai Ka Aangan Music group and a recording of the graceful lotus dance, performed live on stage in the year 2020. The program was compered by Smt. Jyotsna Rai with the assistance of Shri Karan Rai. The music was consolidated by Shubhang Munjal under the guidance of Smt. Monisha Sharma. Ms. Kumkum Bhatia gave the vote of thanks.

Dr. Satpathyji's Visit to SAI International School, Bhubaneswar on 19 March 2022

Dr. Chandra Bhanu Satpathyji visited SAI International School, Bhubaneswar and addressed the key executives & trustees on Saturday, March 19, 2022. He spoke at length about his long association with Dr. Bijaya Kumar Sahoo, the Founder – Mentor of SAI International Education Group, and highlighted the valuable contribution made by him to the state of Odisha and indeed the entire nation. He wished that the Founder–Mentor's legacy be carried forward unabated. During his address, Guruji also elaborated on the importance of our ancient scriptures and their significance today, the role of family values, and the need to teach practically by always keeping in mind our rich heritage and culture.

Dr. Chandrabhanu Satpathy conferred with Jagannath Ratha Prakashak Smruti Sanskruti O Sahitya Samman on 20 March 2022



Release of the book captioned 'Shri Guru Bhagwat-Suradhuni'
(Authored by Dr. C B Satpathy ji in Odia language)
by Honorable Governor, Odisha - Professor Ganeshi Lal ji in Kala Vikash
Kendra, Cuttack, Odisha.

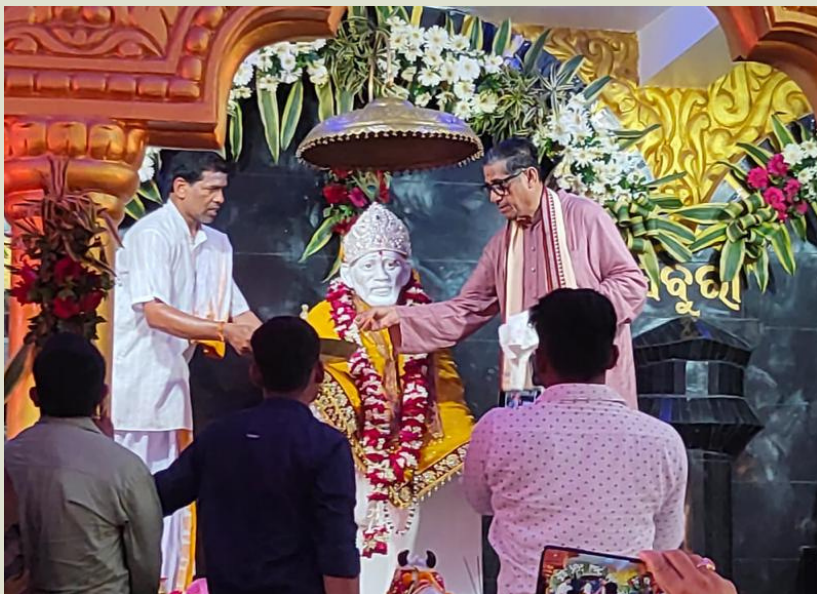
On Dias: (Right ->Left) Shri Pitabas Routray, Padamabhushan Shri Ramakant Rath, Dr. C B Satpathy,
Hon. Governor Prof. Ganeshi Lal ji, Prof. Shri Harekrishna Satpathy, Shri Shubhendu Sekhar Rath &
Dr. C B Satpathy.

Conferment of
Shri Jagannath Rath Prakashan -Smruti, Sanskruti and Sahitya Samman .

The Award comprises a citation, a plaque, and a cash award of ₹1 lakh.
Dr Satpathy ji donated the amount to Ravenshaw Collegiate School to which he
is an alumnus

Hon'ble Governor of Odisha, Prof. Ganeshi Lal conferred the first 'Jagannath Ratha Prakashak Smruti, Sanskruti O Sahitya Samman 2022' (a National award) to Dr. Chandra Bhanu Satpathy for his immense contribution to Odia literature, Culture, Music, Astrology and Spiritual literature at Kala Bikash Kendra, Cuttack, Odisha on 20th March 2022. The award comprises a citation & a cheque of Rupees one lakh in favor of Dr. Chandra Bhanu Satpathy. Dr. Satpathyji donated the amount received to Ravenshaw Collegiate School, Cuttack, where he had studied, under the scheme 'Mo School '. Under this scheme, the Government contributes double the amount paid by the Alumnus of the School. The book, 'Guru Bhagabat Sur Dhvani', authored by Dr. Satpathyji & published by Shri Jagannath Rath Publications, was also released by the Hon'ble Governor of Odisha in the presence of the esteemed guests.

Pranpratishtha of Shirdi Sai Baba Temple & Guru Bhagwat Tungi at Athagarh on 21 March 2022



Dr. Chandra Bhanu Satpathyji performed the Pranpratistha of Shri Sainath temple and a Guru Bhagwat Tungi at Athagarh, Odisha on 21 March 2022.

Dr. Satpathyji's Visit to Sonepur on 21 & 22 March 2022



Dr. Chandra Bhanu Satpathy visited Sonepur on 21st March, 22. Shri Charudatta Mishra, Smt. Deepali and their family members and hundreds of devotees from different corners of Western Odisha welcomed him. He interacted with the devotees in the assembly hall. Guests from more than twenty-five places of Odisha & Chhattisgarh recited Shri Guru Bhagwat written by Dr. Satpathyji in Odia & Hindi.



The next morning, accompanied by a colorful procession, Shri Guru Bhagwat Pothi Parikrama and Shree Sai Paduka Shobha Yatra took place. Dr. Satpathy installed the Paduka under a neem tree. It was followed by Bhajan Samaroh by singers like Lalji Sharma, Lipika, Kedar, Jogamaya & Abani, Prabeena and Arjun. Devotees were seen dancing aesthetically to the tunes of Guru Bhagawat. Dr. Satpathy appreciated the efforts in translating Guru Bhagwat in the Koshali language. He encouraged setting up Bhagawat Tungi in villages and children's participation to build strong ethical values in them.



Dr. Satpathyji's Visit to SAI International Residential School, Cuttack on 23 March 2022

On Wednesday, 23 March 2022, Dr. Satpathy paid a visit to SAI International Residential School, Cuttack. He was warmly welcomed by Dr. Silpi Sahoo, Chairperson, of SAI International Education Group and Mr. Amitabh Agnihotri, Headmaster- SAI International Residential School.

Dr. Satpathy was happy to be in the company of students and teachers. He called the students 'flowers of the tree'. He was impressed with the culture of the school and asked the students to pursue their dreams in keeping with the vision of the Founder- Mentor Dr. Bijaya Kumar Sahoo. He advised students to make the best possible use of their time as there was no dearth of facilities in the school.

Dr. Satpathyji's Visit to Prati Dwarkamai temple at Naraj, Cuttack, Odisha



Dr. C. B. Satpathyji visited the Prati Dwarkamai Temple, Naraj, Odisha on 23rd March 2022. He also visited the construction site of Shree Guru Bhagabat Tungi and Shri Guru Nivas Sthana. Land measuring 9,800 sq feet adjoining the main temple was purchased within a short span of time. The construction work of Shri Guru Bhagabat Tungi and Shri Guru Nivas Sthana started under Dr. Satpathy ji's guidance.

Dr. Satpathy Ji inaugurated Samvedana, a charity Center, Bhubaneswar, Odisha

Dr. Satpathy Ji inaugurated 'Samvedana', a charity center at VSS Nagar, Bhubaneswar, Odisha on 23 March 2022.

Dr. Satpathyji's Visit to Shirdi Sai Baba temple at Tankapani Road Bhubaneswar, Odisha on 24 March 2022

Dr. Satpathy visited the Sai Baba temple at Tankapani Road in Bhubaneswar on 24 March 2022 and attended Sainath's Paliki procession. He addressed the gathering and attended the Bhajan Sandhya. Thereafter, local artists turned this into a Bhajan Sandhya by singing Sai Bhajans.



EVENTS

The Covid Pandemic has led many to the unprecedented challenge of isolation. Sai Divine Foundation has continued zoom sessions as an opportunity for devotees to connect while acquiring knowledge about the Great Sadguru.



SHRI GURU BHAGAVAT



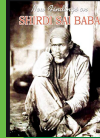
COPYARU AGOPYA



SHRI SAI SATCHARITA



SHIRDI SAI BABA AND OTHER PERFECT MASTERS



NEW FINDINGS ON SHIRDI SAI BABA

Sai Divine



Shri Sai Baba is in God state. He sees himself in every one and hence love everyone
-Dr. C. B. Satpathy

Charity Drive (Food & Blanket)

At Sai Divine foundation, we believe that we must help those who are in dire need. The volunteers distributed food items to the homeless community in downtown Dallas. It is a continued effort that is possible due to our puja Guruji's blessings and the constant support provided by our volunteers.



SAI DIVINE FOUNDATION

SHRI SADGURU

Source : Shri Guru Bhagavat Volume 1

Author - Dr. C.B.Satpathy



Evolution of Ordinary Human Being To the State of Sadguru...

(21 & 22)

Entering the subtle region, You saw the divine light (of the subtle region). After experiencing the 'Sukshma-Loka' (subtle plane of energy), You entered the 'Manas-Loka' (subtle plane of mind). Going beyond the 'Manas-Loka' (subtle plane of mind). Going beyond the 'Manas-Loka' (subtle plane of mind) by annihilating (the limitations of) the mind. You achieved the spiritual status of a 'Paramahansa' (oneness with God).

(23 & 24)

You achieved the spiritual status of 'Brahmistha' (established in divine consciousness). 'Brahmanishta' (merged with God) and 'Jeevan mukta' (beyond the cycle of life and death). Entering the state of 'Kaivalya' (God realized). First you were in 'Savikalp Samadhi' (deep meditation state), then in 'Nirvikalp' state (beyond Turiya state). You became 'Jeevan mukta' (beyond cycle of the life and death), and 'Para-mukta' (free from all the shackles of nature).

SHRI GURU BHAGAVAT

EVENTS

Shri Guru Bhagavat originally written in Odia language is an unparalleled creation of Dr. Chandra Bhanu Satpathy, after his sojourn and evolution in the spiritual realm. Guru Bhagavat in the Odia language runs into seven volumes containing 29,000 verses. This book elaborately depicts the theme of devotion towards the Guru with the basic features of Guru tradition. This treatise contains invaluable aspects of human life, the greatness and uniqueness of Shri Guru, the different levels of Guru, the Guru-disciple relationship, the different types of disciples and the importance of rendering services to the Guru. There are many facets to Shri Guru Bhagavat of which a few are listed below:

- For spiritual wanderers, it stands like a lighthouse and shows the divine path towards knowledge, devotion and pious activities.
- For householders / professionals, in simplest possible and practicable words explains Dharma, and applicability of Dharma in everyday situations.
- For everyone, simplifies the concepts of Karma Yoga, and the Science of Death. Guiding each of us on Faith vs Blind Faith with historic examples.

Best Features

Single place to get all languages of Shri Guru Bhagavat books and music/audio

Readers are using this online platform to read, recite, discuss Shri Guru Bhagwat through mobile phone, tablets and other devices in India and abroad. Application is in high demand during Covid/lockdown phase for daily, weekly or monthly activities performed by groups of peoples.

Application QR Code:



Application Link

iOS: <https://apple.co/2Pi77Xh>
Android: <https://goo.gl/oC7PCh>



Special Feature

All stanzas written in the poetic meter (each line with nine letters in a couplet form), nabakshari chhanda.

- ✦ Full screen mode view
- ✦ Text size changeable
- ✦ Bookmark page
- ✦ Milestones of the magnum opus
- ✦ Preferred language selection
- ✦ User friendly interface
- ✦ One click help & support
- ✦ Easy to navigate between pages, shlokas and books
- ✦ Fully functional even without internet connection



Sai Divine

Faith & Patience

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